



Remington

Community Newsletter

Sixth Edition: First Issue

January 2010

Snow hits Remington!



December brought us 21 inches of snow in one swoop on that busy weekend before Christmas. The snow was great for sledding, making snow angels, snowmen and having fun. It was also a good excuse to stay in side, snuggle up to watch old movies and have some hot chocolate.



LONG JOHN'S PUB

398 W. 29TH STREET

410-235-2426

Supporting our
community
of
REMINGTON

RICKY LaRICCI Roofing and Home Services

410-404-0162

2921 Huntingdon Ave
Remington MD

Handling Remington
homes for 37 years

Reliable Service
Free estimates

All types of Roof and Home Repair -

Torch-down,
hot asphalt,
Gutters,
downspouts,
Drywall, Painting

New Decks and
Siding

Licensed and
Insured
MHIC#98703

A Remington Community Dinner

Submitted by Arianna Clatterbuck, Student

At the Remington Community Dinner on December 2nd 2009, community members and members of the programs going on in Remington came to talk about some the things going on in the neighborhood. We got to eat delicious chili made by Caitlin Sell-now and we met new people that we may have not known before.

A main topic discussed that night was the new development project. The new development project is about what we want built in the auto parts area near Huntingdon Ave and 25th St. We also used the night to celebrate some of the artwork done by students in the Remington Youth Community Radio Project. Some of the students had a chance to interview the friendly locals who attended the event.

All the students, including myself, were able to meet locals, members of the community association call GRIA, new community members, and people who like coming to our neighborhood.

The amazing event that night was organized by Zakia Abukhdeir. Zakia is a volunteer for Art on Purpose and for GRIA. She does a lot of things in the neighborhood including bringing together the different people from the different programs in Remington.

We are thankful for all her help.



On right, Arie Clatterbuck , 13 yr old Remington resident and student journalist.

Do You Spend More Than You Earn?

Who doesn't? Come see if *EarnBenefits* can help! *EarnBenefits* is a program designed to help you get benefits that can free up your money to handle other bills and costs. Through a quick screening, *EarnBenefits* can tell you what benefits you qualify for and provide help applying. You can be screened for Food Stamps, WIC, Medicaid, Child Care Subsidies, Telephone Bill Assistance and many others!

Brianne Phillips, an *EarnBenefits* Counselor based at the Hampden Family Center, will be screening interested residents at the Church of the Guardian Angel on Tuesdays from 9-11:30 AM. If you want to see what benefits you may qualify for and receive help applying without having to wait at crowded agencies, please stop by or call her to make an appointment (410-467-8710 ext. 106).



GRIA

Recent and
on-going
projects:

Remington's GRIA Meetings!

Come by and join in on our monthly GRIA community meetings. We meet on the third Monday of each month at 7 pm in Kromer Hall at the Church of the Guardian Angel (335 W. 27th St).

Neighborhood Plan

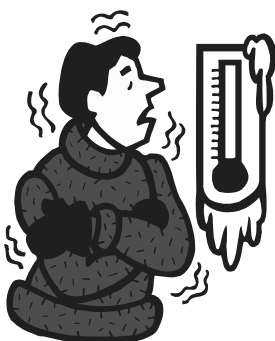
We are making a document that summarizes residents' views on the neighborhood. To participate, please contact us at info.gria@gmail.com or come to one of our regular monthly meetings, every third Monday of each month at 7 pm at the Church of the Guardian Angel.

Don't be cold this winter!

Baltimore can help you beat the cold. Baltimore City's Weatherization Program assists low income residents in making their homes more energy efficient, comfortable, and safer. This will reduce your energy bills!

In your home they may:

- Seal windows and doors from drafts
- Insulate the hot water heater tank
- Insulate the attic
- Clean, tune or repair your heating system



Call Caitlin at 410-235-6222 to see if you qualify and she can assist you in applying. This can mean hundreds of dollars in the winter and it is free from Baltimore City.

Tuesday Night Yoga Classes

New Yoga class in Remington on Tuesday nights at 6:15pm at Guardian Angel. There is a small participation fee to take the class, and a portion of this will be going to the Guardian Angel food bank.

Come together and put positive energy out in to the world. Yoga is a good way to shake out the winter blues and take off the holiday lbs. In this class we will be going over the eight limbs of yoga, Pranayama "yoga breathing", how to salute the sun, achieve meditation, and so much more.

This class offers all levels of Vinyasa - a Yoga with centering, core cultivation and asana sequences that flow in waves which build upon each other to culminate in a peak embodiment of a given asana. After which, the class is led back down to total relaxation in savasana. This class offers variations of asanas making it accessible to the beginner yet still challenging to the advanced. If you are interested in participating, or have questions email Kelly. Her email address is kellyblueyoga@gmail.com.



Remington Community Newsletter

This newsletter is produced and distributed to the residents and businesses located in the neighborhood of Remington with the collaboration of the following partners: Church of the Guardian Angel, Episcopal Housing Corp., GRIA, and the Greater Homewood Community Corporation.

Everyone is welcome to contribute information about activities and events in the Remington neighborhood.

Contact Betsy Childs at 410-366-6200 or email betsy@episcopalhousing.org

More help with your Fuel Bill

If you hear the talk at Long John's or The Dizz about MEAP and haven't applied yet, it's time to get you set up.

Maryland Energy Assistance Program is a state program that helps you pay the cost of heating your home, even if heat is included in your rent. It is not a set amount for everyone, but is decided by income and household needs.

If you qualify, MEAP will send money to cover your heating bill directly to your energy supplier each month (if you pay your own heating bill). The amount you will receive is based on your income and energy usage.

If you are interested to see if you qualify, stop by the Church of the Guardian Angel on Tuesday mornings from 9:00-11:30 am to get things in motion. Home visits can also be arranged and you can also call 410-366-6200 and ask for Betsy for more information about this program.



Get the word out to your Neighbors

The Remington Weekly Bulletin comes out each week with information on what is happening in our neighborhood. If you would like to submit an event to the Bulletin, please call 410-235-6222 or email Caitlin Sellnow at Caitlin@episcopalhousing.org.

The Remington Newsletter comes out each month and we are interested in events that your organization may be holding. Please send us information on the event a month ahead of time. Email betsy@episcopalhousing.org.

Do You Want to Earn Your G.E.D.?

Come and get it at The Community School!

The Community School, on the corner of Huntingdon and 30th Street, provides a well-rounded education for all 15-18 year olds who want an alternative to regular city schools. The school, which opened in 1982, has helped hundreds of young people earn their G.E.D.

The school has a relaxed atmosphere and small class sizes. Also the sense of respect between the students and the teacher allows for easier communication and greater learning. Anyone interested can Contact Tom Culotta at 410-467-4920.



RICHARD LAMKIN
REALTOR®

4800 Roland Avenue
Suite B-1
Baltimore, MD 21210
Office: 410-889-9800
Fax: 410-889-9815
Cell: 410-419-2615
www.richardlamkin@lnfre.com



THE DIZZ

Breakfast Is Now Being Served!

Friday from 8-11

Saturday and Sunday from 8-2

Come in for Breakfast, Lunch & Dinner
And of course drinks!

Located at 300 W. 30th St.

"Baltimore in a Bar"

443-869-5864